

CHS NEWS

A publication by and for employees of the Kentucky Cabinet for Health Services

April 24, 2000

NEWS BRIEFS

SPRING FLING IS MAY 3

MH/MR is hosting a Spring Fling for the March of Dimes on May 3 from 11:30 a.m.–1 p.m. at 100 Fair Oaks. Hotdogs, chips, cookie, and drink cost \$3. The Spring Fling features a talent show with employees singing karaoke style. A Versailles line dance group, Country Rockers, is also scheduled to perform. Tickets for food and door prizes (one ticket takes care of both) are now being sold. Call Ben Lathrem at 564-4860 to get tickets in advance or tickets can be purchased onsite. Rain date is May 10. CHS has collected \$4,481 for March of Dimes.



**TIP OF
THE
WEEK**

Weighing too much or too little can lead to health problems. You can control your weight by eating healthy foods and being physically active. To help you get more physically active 1) choose an activity that fits into your daily life, such as walking or gardening, 2) choose an activity that you like, such as dancing or swimming, 3) ask a friend to start with you, and 4) if you are over 45 consider talking with your doctor or health care provider before starting.

HB 144 Will Assist Community-Based Services

Governor Paul Patton has signed into law House Bill 144, legislation which offers Kentucky the potential to become a leader in addressing the needs of people with mental retardation and other developmental disabilities.

HB 144 creates the Commission on Services and Supports for Individuals with Mental Retardation and other Developmental Disabilities. It will advise the Governor and Legislature on needed services for these Kentuckians. The 2001-2002 state budget provides \$50 million to fund support programs.

The Commission will develop a statewide strategy to increase access to community-based services by identifying funding issues and prioritizing needed supports. The Commission will also assess

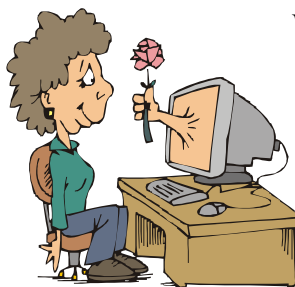


state agencies and the provider network for the qualifications of their professional staff, as well as their ability to inform and educate the public, provide outcome-oriented services, and efficiently use blended funding streams.

In addition to service outcomes, a quality assurance and consumer satisfaction program will be recommended for implementation. The Commission will also urge adoption of a comprehensive 10-year plan to make these services and supports available in the most integrated setting appropriate for meeting individual needs.

Salute Your Secretary This Week

This week is National Secretaries Week and your chance to recognize that special someone in your office who provides administrative support. In honor of the many administrative professionals in CHS and other state agencies, the Capitol Chapter of International Association of Administrative Professionals is hosting the Administrative Professionals



Annual Conference at the Holiday Inn Capitol Plaza on Wednesday, April 26.

Melanie Glasscock, Channel 18 - WLEX News, is the keynote speaker. Workshop topics include time management, stress relief, and personal finance. Registrations for the conference must be submitted by April 24.

Thanks to all CHS administrative professionals for their hard work and dedication.

Ten-Ure Meets In May In Owensboro

The 49th Annual Ten-Ure convention will be May 24-26 at Owensboro's Executive Inn Rivermont.

Workshops will include: Team Building, De-Stress your Stress, Retirement Seminar, Personnel Update, Council on Accreditation, Workforce Investment Act, Financial Planning, and Simplified Access.

Ten-Ure is requesting training hours approval for part of the convention. Participants will be notified how much time will be credited.

Social activities on Wednesday include a golf tournament and the Casino Aztar trip. Thursday's events start with the 3rd Annual fun/run walk, banquet with Silver Award Presentations and a dance.

The Executive Inn Rivermont can be reached at 1-800-626-1936. Identify yourself as attending the Ten-Ure Convention. Reservations should be made by May 8. If you have special needs, let the hotel know.

Make sure you send your pre-registration form, surveys and ballots in by May 5th to qualify for the early bird drawings.

Ten-Ure is a non-profit organization for employees and retirees. It is service-oriented organization and works to improve employee benefits.

For information, contact Debbie Hammond at (502)564-7514.

Peersen Named Clinical Services Director

Anja Peersen has been appointed Director of Clinical Services Division at the Commission for Children with Special Health Care Needs. Peersen has been at the commission since 1996 with KY Teach and CHOICES federal grants. She has been extensively involved in work readiness issues for young people with disabilities. She has experience with vocational rehabilitation agencies and early intervention programs as well as knowledge about the needs of

children with disabilities.

As director of Clinical Services, Peersen's areas include special grants, project development, and case management - quality assurance initiatives. Peersen holds a bachelor's of science in nursing from Georgetown University and a master's degree in Parent Child Nursing from the University of Kentucky. She has completed interdisciplinary graduate level work in the area of children with special health care needs.

Suggestions For Smoking Rooms

To help improve the ventilation and air cleaning systems on floors 4-5-6 of the CHR Building, CHS is posting some suggestions in the smoking rooms.

Users of the smoking rooms are asked to follow these suggestions:

- Do not hold the door open.

- Do not "fan" the door.
- Do not prop the door open.
- Do not crowd the room. A maximum of 8-10 people is recommended.
- Do not attempt to turn off the Smokeeter.

Your Move Questions Get Answered Here

Here's the latest question about the CHS move to the 5th Floor in Frankfort:

Are other moves on hold until the 5th Floor/4th Floor swap has been completed?

Answer: All routine moves have been stopped to allow movers to concentrate on the huge task of making the larger move happen.



But, we recognize that emergencies arise and sometimes what seemed fairly routine may become a higher priority. When in doubt, contact your move steering group coordinator and make your case (in writing please). For those not involved in the move, provide a written request to the Purchasing and Operational Management Branch. They will respond.